

**Daily Time Table**  
**Yeshivas Lubavitch Manchester 2018/19**

**Sunday – Thursday**

6:50 a.m.	Wake up / Mikveh
7:30 a.m.	Chassidus
9:00 a.m.	Davening Preparations
9:30 a.m.	Shacharis followed by breakfast
11:00 a.m.	Iyun
*11:15 a.m.	Iyun Monday and Thursday
2.15 p.m.	Mincha
2:30 p.m.	Lunch
3:30 p.m.	Iyun / Chazara
4:30 p.m.	Girsa
6:00 p.m.	Shulcan Oruch
6:40 p.m.	Tanya
6:50 p.m.	International Audio Sicha of the day
7:00 p.m.	Maariv
7:15 p.m.	Supper
8:15 p.m.	Shiur Chasidus / Sicha
9:45 p.m.	Seder Finishes
11:30 p.m.	Lights Out and in bed

**Friday**

7:20 a.m.	Wake up
8:00 a.m.	Chasidus
9:00 a.m.	Davening Preparations
9:30 a.m.	Shacharis
	Breakfast
	Mivtzoim

**Shabbos**

8:00 a.m.	Chasidus
9:30 a.m.	Prep for davening
10:00 a.m.	Davening
Bzmana	Mincha
	Seder Niggunim

**Motzei Shabbos**

7:00 p.m.	Seder Girsa Chazara
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## Zmanim Dates 2018/19

### Zman

Winter Zman

Summer Zman

### First Day

October 10th 2018 @ 3:30pm

May 6th 2019 @ 3:30pm

### Last Day

April 7th 2019

August 8th 2019